<table>
<thead>
<tr>
<th>CONTENTS</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>AAIP BOARD OF DIRECTORS</td>
<td>p. 4</td>
</tr>
<tr>
<td>ANNUAL MEETING - SAVE THE DATE</td>
<td>p. 5</td>
</tr>
<tr>
<td>ANNUAL MEETING PROPOSED AGENDA</td>
<td>p. 6</td>
</tr>
<tr>
<td>ANNUAL MEETING RESEARCH POSTER CONTEST</td>
<td>p. 11</td>
</tr>
<tr>
<td>PAW - UTAH</td>
<td>p. 12</td>
</tr>
<tr>
<td>NEW MEMBER SPOTLIGHT</td>
<td>p. 13</td>
</tr>
<tr>
<td>DIABETES TODAY TRAINING</td>
<td>p. 14</td>
</tr>
<tr>
<td>ANNUAL MEETING NIDDK &amp; PAW SCHOLARSHIPS</td>
<td>p. 15</td>
</tr>
</tbody>
</table>
AAIP MISSION

To pursue excellence in Native American health care by promoting education in the medical disciplines, honoring traditional healing practices and restoring the balance of mind, body, and spirit.
Join us for the AAIP 38th Annual Meeting & National Health Conference on July 22-26, 2009 at the Westin Alexandria, Alexandria, VA. The theme will be “Critical Issues in Indian Health: Science & Solutions for the Health of Our People”.

The conference will be held at the Westin Alexandria, 400 Courtyard Square, Alexandria, VA (703) 253-8600. To take advantage of the special AAIP rates, please book your reservation by June 29, 2009. For more information, visit www.aaip.org or contact Kelly Gordon or Julie Bottoms with AAIP at (405) 946-7072.
2009 ANNUAL MEETING
PROPOSED AGENDA

July 20, 2009 – MONDAY
6:00 pm – 8:00 p.m. Student Orientation & Pre-Test

July 21, 2009 – TUESDAY
8:00 am – 5:30 pm UMN/AAIP PAW

July 22, 2009 – WEDNESDAY
8:00 am – 5:00 pm UMN/AAIP PAW
5:30 am – 12:00 pm Women’s Retreat – Dr. Marie Dobyns Home
Highland, Maryland
12:00 pm Poster Session Set-Up
12:00 pm – 5:00 pm Exhibits Set-Up
2:00 pm – 3:00 pm Poster Session Judging
2:00 pm – 4:00 pm Board Meeting
4:00 pm – 6:00 pm AAIP Business Meeting
4:00 pm – 6:00 pm ANAMS Business Meeting
6:30 pm -10:00 pm Presidential Reception
Entertainment: Darryl Tonemah

July 23, 2009 – THURSDAY
8:00 am – 5:00 pm Conference Registration
8:00 am -8:30 am Opening Ceremony
8:30 am -9:15 am Keynote- Yvette Roubideaux. MD, IHS
9:15 am -10:25 am Response panel- NIHB, NCAI, NACUI, AAIP
11:00 am -11:45 am National Cancer Institute
Robert T. Croyle, Ph.D
Director, Division of Cancer Control and Population Sciences, NIH
12:00 pm - 1:00 pm Student/Physician Luncheon
Mike Snesrud- CDC Efforts for Native American Health
1:00 pm -2:00 pm Genetics of Alcohol Abuse and Natives
Mary-Anne Enoch M.D.
Staff Scientist
Laboratory of Neurogenetics
National Institute on Alcohol Abuse and Alcoholism, NIH
2:00 pm -2:50 pm  Concurrent Sessions
   A – 1. Native Americans and Cancer
       Judith Kaur, MD
       Dr. Mark Willenbring
       Director, Division of Treatment and Recover Research
       National Institute on Alcohol Abuse and Alcoholism, NIH
   A – 3. Cerebrovascular Disease/Interventional Radiology
       Filip Banovac, MD, Georgetown University Hospitals, Member of the Society of
       Interventional Radiology

3:00 pm - 3:50 pm  Concurrent Sessions
   B – 1. NCI Speaker TBD
   B – 2. The Biologic Effects and Damage of Alcohol
       Dr. Samir Zakhari, Director, Division of Metabolism and Health Effects -
       National Institute on Alcohol Abuse and Alcoholism, NIH
   B – 3. American Indians/Alaska Natives and Substance Abuse Treatment Outcomes:
       Positive Signs and Continuing Challenges
       Daniel Dickerson, D.O., M.P.H.
       Assistant Research Psychiatrist
       U.C.L.A. Integrated Substance Abuse Programs
       Los Angeles, CA

Evening  Sweat & Initiation/Alternative Event or free evening
         (Location TBD)

July 24, 2009 - FRIDAY

8:00 am -8:45 am  Cerebrovascular Disease in Native Americans
       Dr. Stephen Verney
       University of New Mexico, NHLBI, Strong Heart Study

8:45 am -9:30 am  Advancements in Native Diabetes
       Dr. Leslie J. Baier
       Diabetes Epidemiology and Clinical Research Section
       NIDDK

10:00 am -10:45 am  Concurrent Sessions
   C – 1. National Diabetes Education Program: Prevention and Control
       Charlene Avery, MD
       Chair, Ambulatory Care Performance Improvement
       NMVAHCS
       Kansas Dubray, MD
       NDEP American Indian Workgroup
   C – 2. Chronic Kidney Disease among American Indians and Alaska Natives
       Stacy Jolly, MD, MS-Assistant Professor Cleveland Clinic
   C – 3. Complex Systems and the Future of Medicine: Our Traditional Healers Were Right
       James N. Jarvis, MD
       University of Oklahoma College of Medicine
       Oklahoma City, OK
11:00 am – 11:45 am Concurrent Sessions
   D – 1. Prenatal and Early Life Risk Factors for Diabetes, Chronic Disease and Depression
       Ann Bullock, MD
       Chief, Clinical Consultant for Family Medicine
       Indian Health Services, Health and Medical Division
       Eastern Band of Cherokee Indians
       Cherokee, NC
   D – 2. Speaker TBD
   D – 3. Diabetes Education Through Community Partnerships
       Noelle Kleszynski, MPH, AAIP Diabetes Program Director
       AAIP Diabetes Model Programs

12:00 pm – 1:00 pm Luncheon - American Psychiatric Association
   Speaker: Dan Dickerson, D.O.

1:00 pm – 1:45 pm National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention
   Kathleen McDavid Harrison, MD
   Associate Director for Health Disparities, CDC

1:45 pm – 2:30 pm Emergency Medicine and Trauma
   Dr. David R. Boyd
   IHS Trauma Director

3:00 pm – 3:45 pm Concurrent Sessions
   E – 1. Toxidromes: Diagnosis and Treatment of Overdose and Poisonings
       Dr. Jim Kennedye - AAIP Board Member at Large
   E – 2. Update on Tuberculosis
       Dr. John Jerab
       NCHHSTP

4:00 pm – 4:45 pm Concurrent Sessions
   F – 1. Trauma/Emergency Medicine
       Jim Flaherty, MD
       IHS Pediatric Emergency Medicine Consultant
   F – 2. Infectious Disease - NCHHSTD Speaker Geoff Beckett-Viral Hepatitis, CDC

6:00 pm – 11:00 pm Gourd Dance/Pow-Wow

July 26, 2009 - SATURDAY

8:30 am – 10:00 am Walking Into the Unknown: Native American Men's Health Issues - Video Presentation
   Arne Vainio, MD

10:00 am – 10:45 am American Indian and Alaska Native Adolescent Suicide: Emerging Community-Based
   Integrative Care Models for Prevention and Intervention
   R. Dale Walker, MD
   Director, One Sky Center, Oregon Health & Science University, Portland, OR

11:00 am – 11:45 am Native Adolescent Health: Challenges and Hopes
   Sarah Jumping Eagle, MD
   Assistant Professor
   University of North Dakota; University of Colorado; Mid Dakota Clinic, Bismarck, ND
12:00 pm -1:30 pm  Lunch - American Academy of Pediatrics  
Presenter

5:00 pm - 7:00 pm  BUSINESS MEETING

July 26, 2009 - SUNDAY

8:00 am -8:45 am  Building Epidemiological Capacity in Maternal and Child Health  
Myrah Tucker, CDC

8:45 am -9:30 am  Women's Health  
Lana White King, MD

9:45 am -10:30 am  Concurrent Sessions

G – 1. Balance – Native Women in Medicine  
Stacey Jolly, MD, MS  
Shanda Lohse, MD  
Sara Jumping Eagle, MD  
Adriann Begay, MD  
Amy DeLong, MD  
Kelly Moore, MD

G – 2. Estimating Risk for Suicide or Self-Injury:  A Primer for Primary Care  
Richard Livingston, MD  
David Foos, MD

G – 3. Finding Solutions for the Diabetes Epidemic In American Indian Communities  
Charlene Avery, MD  
DeeAnn DeRoin, MD  
Ann Bullock, MD (Selected Abstract)

10:45 am -11:45 am  Concurrent Sessions

H – 1. Promoting the Sexual Health of Native Teens  
Sarah Jumping Eagle, MD  
Assistant Professor  
University of North Dakota; University of Colorado; Mid Dakota Clinic, Bismarck, ND

H – 2. The Indian Country Methamphetamine Initiative:  Taking Care of Home  
R. Dale Walker, MD  
Director, One Sky Center, Oregon Health & Science University, Portland, OR

H – 3  US Census and the New American Indian Population Information  
Speaker TBD

11:45 am -1:30 pm  Luncheon – Wrap-up/Change President and Introduce New Board

2:00 pm – 4:00 pm  AAIP Executive Board Meeting
The 17th Annual Association of American Indian Physicians Cross Cultural Medicine Workshop was held at the Hotel Santa Fe in Santa Fe, New Mexico on April 23-26.

The purpose of the workshop was to provide physicians, medical students, faculty, and other health professionals with a greater understanding of western and traditional medicine. The program also provided collaboration between western-trained physicians and native traditional healers regarding healing practices.

This year’s workshop attracted AAIP Board Members and member physicians, medical students, traditional practitioners, and other tribal health professionals. The formal program began on Friday morning with opening remarks by Melvina McCabe, MD (Navajo) Executive Board President-Elect, and an opening prayer by Tom Daily (Laguna Pueblo). Participants then attended several sessions that provided interesting and engaging information.

After a full day of workshop presentations, conference participants were taken to the Gathering of Nations Powwow in Albuquerque. More than 15,000 people attended on Friday and more than 500 tribes came together to celebrate their culture at North America’s largest Powwow. The festivities included Indian dancing and singing and an Indian Traders Market.

Objectives of the Cross Cultural Workshop

- Identify strategies to improve communication between American Indian and Alaska Native patients and health professionals.
- Describe current health issues affecting Indian communities in both reservation and urban settings.
- Compare and contrast Western and Traditional Medicine views of health, and
- Improve understanding of the role of Traditional Healers.
The poster competition is a great opportunity for physician members, health care professionals and students to display their research efforts that address the health care needs of Indian people nationwide.

The AAIP 38th Annual Meeting Poster Competition will take place on Wednesday, July 22 at the Westin in Alexandria, VA. All poster contestants will receive $50 off the conference registration fee and will be in the running to win up to $300 in prize money. The posters will be displayed and contestant winners will be announced at the Presidential Reception.

The theme for this year’s poster contest is “Critical Issues in Indian Health: Science and Solutions for the Health of Our People”. The poster contestants will be divided into three eligible categories: undergraduate students, graduate/medical students, and professionals (includes residents, healthcare providers, and physicians). Awards will be given to the top research posters in each category after a review by a panel of judges.

To download poster application guidelines, please visit the AAIP Web site at www.aaip.org or e-mail Noelle Kleszynski at nkleszynski@aaip.org with questions regarding the poster competition. All poster applications are due May 29th, 2009.

AWARDS FOR EACH CATEGORY

1st Prize  $300
2nd Prize  $150
3rd Prize  $75

All poster contestants receive $50 off conference registration!
The Spring 2009 Pre-Admission Workshop was held February 19-22, 2009 at the University of Utah School of Medicine in Salt Lake City, Utah. The event kicked off with an orientation held at the Marriott-University Park Hotel. After an overview of the workshop’s events, the agenda continued on Friday with University of Utah representatives providing an overview of a variety of subjects. The topics include the admissions process, personal statements, letters of recommendation, test scores, and other pertinent factors related to medical school admissions.

Another highlight of the workshop involved University of Utah faculty presentations, U-Utah medical student panels, and a reception held at the American Indian Resource Center.

“The purpose of the Pre-Admission Workshop is to help students get prepared for medical school and entry into other health-related fields,” said Margaret Knight, AAIP Executive Director. “The healthcare professionals and medical students who participate in the panel discussions provide great information. They also help illustrate to students that ‘if they can do it – so can you.’”

AAIP Board members also conducted presentations on Indian Health Service Scholarships, interview techniques, and panel discussions. Mock interviews between AAIP Board members and student scholars concluded the agenda. Students participating in the workshop gave positive feedback. Their evaluations conveyed their appreciation and satisfaction with the workshop.
Growing up in Alaska, Dr. Otter Aspen was interested in the political and environmental issues revolving around Native land and natural resources. His father’s family – who are Ninilchik Aleut – lived in Ninilchik, about 220 miles southwest of Anchorage. He recalls his interest in the debate whether to allow oil drilling in ANWR (Arctic National Wildlife Refuge).

“I was already a pro-environmental preservationist when the Valdez spill happened, which I witnessed first hand. That event prodded me to seek a higher education and learn how I could made a difference in that arena,” said Dr. Aspen.

He earned degrees in Economics and Political Science from Western Washington University in Bellingham, WA. He then worked as a legislative aide, but realized a new calling.

“I wanted to feel like I was spending less time LOOKING like I was solving problems, and more time actually SOLVING problems,” explained Dr. Aspen. “Having always been a caretaker within my family and community, medicine seemed a natural avenue for me to have a positive impact.”

Dr. Aspen said that like many villagers, he grew up working with his hands. At an early age, he learned skin sewing, scrimshaw and pipe making. So it seemed a natural fit that when he entered Harvard Medical School, he would specialize in the area of facial reconstruction.

He now works for Kaiser Permanente in Elk Grove, CA. Dr. Aspen provides skin cancer surgery. As a Mohs micrographic surgeon, he removes tumors and reconstructs the resulting defects, primarily head and neck reconstruction.

Dr. Aspen says he rarely encounters Native physicians – and that is the reason why he joined the Association of American Indian Physicians. He believes in the organization’s mission of encouraging more Native Americans to pursue careers in medicine.

“I first encountered the AAIP while helping facilitate pre-med conferences at Harvard Medical School in the late 1990’s. I also represented HMS at annual AISES (American Indian Science and Engineering Society) career events. I’ve spoken at various high schools and venues aimed at encouraging Native students not only to go to medical school, but attend high school to completion,” said Dr. Aspen. “Native student educational recruitment and retention was my primary activity outside of my medical studies over the last decade.”

Two years ago, he started a joint program with the IHS (Indian Health Service), Tufts University and Boston University Schools of Medicine Dermatology Residencies.

The program services the Chinle, Navajo IHS facilities with dermatologic services. His hope is to expand the program to a national level. Dr. Aspen set out to make an impact on the lives of others – he’s doing it in the field of medicine.
The Association of American Indian Physicians (AAIP) will host the Diabetes Today Training program June 24-25 at the Rushmore Plaza Holiday Inn in Rapid City, South Dakota. AAIP invites healthcare professionals, paraprofessionals, educators, tribal leaders and community members to participate. The goal of the Diabetes Today Training is to bring together all sectors of the community to address diabetes through the development of a community coalition. The training will provide participants with the knowledge and skills needed to form a community coalition, determine diabetes needs in their respective communities, and plan, implement, and evaluate a successful, culturally relevant coalition project.

This year’s training will be open to already formed coalitions or to groups of three or more individuals who are interested in working together as a coalition to address diabetes.

“To effectively address diabetes requires involvement and input from the entire community,” said Noelle Kleszynski, Diabetes Program Director. “This training is designed to bring the community together as an opportunity to collectively organize, plan, and implement a united approach in the fight against diabetes.”

The Diabetes Today Training is free with a $100 travel stipend available to all participants. In addition, $1,000 coalition stipends will be available to participants to carryout activities identified in the training. The training is made possible through the National Program to Promote Diabetes Education Strategies in Minority Communities – a National Diabetes Education Program grant.

Those who attend the program will receive a Diabetes Today manual. Attending the training will allow participants to do the following:

- Enhance their diabetes services through the creation of community coalitions
- Utilize a holistic, AIAN culturally relevant diabetes care and prevention strategies
- Plan and implement coalition projects
- Evaluate coalition projects to show effectiveness and apply for or renew funding
- Receive tools and skills to empower their community

While there is no training fee, participants will need to register by June 8, 2009. Visit www.aaip.org to download the registration form. Participants must also make their own travel and lodging arrangements. Special room rates are available ($139 plus tax) at the Rushmore Plaza Holiday Inn. The deadline for room reservations is May 23.

For more information, visit www.aaip.org or contact Gary Lankford, Diabetes Coalition Liaison/Outreach Specialist at glankford@aaip.org or 1-877-943-4299.

Students interested in applying for the scholarship may access the information and application on AAIP’s Web site (www.aaip.org). Click the link titled “Student Scholarships for the 2009 Annual Conference Pre-Admission Workshop,” located under the “Save The Date!” section, as well as under the “AAIP News & Announcements” section.

The deadline for application and accompanying materials is Friday, June 15, 2009. Applications & accompanying materials MUST BE IN THE AAIP OFFICE by Friday, June 15, 2009 in order to be considered. Be sure to submit ALL accompanying materials with the application. Any missing materials will cause the application to be incomplete and thus, unable to be reviewed.

Apply for the scholarship today! Because of the limited number of open spots, students are encouraged to get their materials in as soon as possible in order to be considered. Any questions may be directed to AAIP Student Programs at (405) 946-7072. You may also send an email to lmyers@aaip.org and/or pjohnson@aaip.org to get more information on the scholarships.

Association of American Indian Physicians

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UPCOMING EVENTS

June 20 – 28  
**PATTY IRON CLOUD NNAYI PROGRAM**  
Washington, D.C.

June 24-25  
**DIABETES TODAY TRAINING**  
Rapid City, South Dakota

July 22 – 26  
**ANNUAL MEETING & HEALTH CONFERENCE**  
Alexandria, Virginia